SHH!! Cool Activities for Quiet Kids

by the author of Why Are You So Quiet?



Name:

LISTENING WALK

Go on a listening walk with your family -- to a beach, a forest trail, or just around the neighbourhood. When you pay really close attention, what can you hear?

YOU MIGHT HEAR:	birds singing	neighbours chatting
11,432,114	dog barking	wind rustling
	crickets chirping	cicadas buzzing
	footsteps	other:

Draw a map of your walk and make notes. What did you hear? Where did you hear it?

WALK LOUDNESS LEVEL: QUIET MEDIUM LOUD

COZY SPOT PLANNER

Everybody needs their own cozy spot where they can go to read, or just relax. Plan yours with this worksheet!

YOU WILL	Chair or cushion	peaceful artwork
	soft blanket	☐ bowl of potpurri
NEED.	small lamp	quiet music
	stuffed animal	Other:

Draw a picture of your ideal cozy spot.

COZINESS LEVEL:

NOT COZY

COZY

VERY COZY

LOUD OR QUIET?

QUIET THINGS

LOUD THINGS

Are these things loud or quiet? Cut and paste them into the categories above!

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goldfish	mouse	smoke detector
tuba	elephant	opera singer
lawnmower	lamp	pinecone
houseplant	tractor	tapdancing shoes
stuffed animal	acorn	spoon

INVENTION PLANNER

In Why Are You So Quiet?, the main character, Myra Louise, invents a listening machine. What will you invent?

TYPE OF INVENTION:	PURPOSE OF INVENTION:
☐ machine	
device	
☐ vehicle	
other:	



STUFF I'LL NEED:



Circle the household items you'll need to build your invention!

buttons tape string stones egg carton
yarn glue paper tinfoil wire
seashell playing cards pencil envelope

other:

NOTES:

INVENTION PLANNER

Sketch your invention!

VERSION I

VERSION 2

FINAL VERSION